

PAIN RELIEF MOUTHWASH

(contains lidocaine, diphenhydramine, and aluminum and magnesium hydroxide/simethicone)

[Health Canada Safety Summary regarding use of Lidocaine viscous in young Children](#)

Ingredient	Quantity
diphenhydrAMINE 2.5 mg/mL Syrup	50 mL
Lidocaine 2% Viscous Solution	50 mL
Almagel Plus Suspension (or equivalent)	50 mL

Equipment:

- calibrated graduate
- stirring rod
- amber plastic bottle

Storage:

- Room Temperature
- Protect from light

Stability:

- 21 days

Procedure:

1. Measure all ingredients
2. Combine the diphenhydrAMINE syrup with lidocaine 2% viscous. Stir well.
3. Add the Almagel Plus suspension (or equivalent). Mix thoroughly.
4. Transfer to an appropriately sized amber container.
5. Shake well and label.

Sample Label:

Pain Relief Mouthwash

Storage: Date Prepared:
Shake Well Expiry Date:
Quantity: 150 mL

References:

American Journal of Health-System Pharmacy; Vol. 74, No. 9, May 2017.

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