

PUPP CREAM
(Pruritic, Urticarial Papules and Plaques of Pregnancy Cream)

Ingredient	Quantity
Hydrocortisone Powder	1 gram
Menthol Crystals	0.25 grams
Camphor	0.25 grams
Eucerin Emollient, D.F.	98.5 grams

Equipment:

- mortar and pestle
- weigh boat
- ointment pad
- spatula
- ointment jar

Storage:

- Room Temperature

Stability:

- 30 days

Procedure:

1. Using mortar and pestle pulverize the menthol crystals into a fine powder.
2. Add camphor and triturate the two ingredients together.
3. Incorporate the hydrocortisone powder to form a smooth paste – a few drops of glycerin may be needed to wet the powder.
4. Incorporate eucerin emollient until the final result is a smooth, creamy product
5. Transfer to an ointment jar and label.

Sample Label:

PUPP Cream	
Storage:	Date Prepared:
Quantity: 100 G	Expiry Date:

References:

This is not a referenced formula

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