



Supportive Clinical Information Nicotine Replacement Therapy

Step 1 Protocol Patients with severe nicotine use disorder (e.g. 20+ cigarettes daily, frequent vaping of nicotine throughout the day):	Step 2 Protocol Patients with moderate nicotine use disorder (e.g. 10-20 cigarettes daily; regular vaping of nicotine):	Step 3 Protocol Mild nicotine use disorder (e.g. smoking less than 10 cigarettes per day, occasional vaping of nicotine throughout the day):
Nicotine Patch 21 mg topical application daily x 6 weeks	Nicotine Patch 14 mg topical application daily x 6 weeks	Nicotine Patch 7 mg topical application daily x 6 weeks
Then: Nicotine patch 14 mg Topical application daily x 2 weeks	Then: Nicotine patch 7 mg topical application daily x 2 weeks	
Then: Nicotine patch 7 mg topical application daily x 2 weeks		
If within 48 hours of initial application, withdrawal or cravings persist, add Nicotine Patch 7 mg. May repeat to a maximum of 2 doses unless an order received from attending physician.	If within 48 hours of initial application, withdrawal or cravings persist, increase to Nicotine Patch 21 mg and follow step one protocol.	If within 48 hours of initial application, withdrawal or cravings persist, increase to Nicotine Patch 14 mg and follow step one protocol.
Add other forms of Nicotine Replacement Therapy (gum) to address cravings as necessary.	Add other forms of Nicotine Replacement Therapy (gum) to address cravings as necessary.	Add other forms of Nicotine Replacement Therapy (gum) to address cravings as necessary.
It may be necessary for some patients to remain on Nicotine Replacement Therapy longer than above schedule.	It may be necessary for some patients to remain on Nicotine Replacement Therapy longer than above schedule.	It may be necessary for some patients to remain on Nicotine Replacement Therapy longer than above schedule.