



STATUS DYSTONICUS SEVERITY SCALE

Grade 1: Sits comfortably, tolerates usual daily care, regular sleep, stable on medication.

Action: No assessment or change in plan needed.

Grade 2: Irritable and cannot settle, dystonia interferes with seating, daily care, and transfers. Able to tolerate lying.

Action: Assessment (within days). Adjust medication or dystonia plan. Assess for triggers.

Grade 3: No longer tolerate lying, or other positions. Sleep disturbed. No signs of metabolic (e.g. fever, dehydration) or airway compromise.

Action: Urgent assessment, exclude metabolic decompensation (e.g. CPK). Escalate management, assess for triggers, +/- hospital admission

Grade 4: Clinically as grade 3 with metabolic disturbance (fever, dehydration, abnormal electrolytes, CPK greater than 1,000 IU/L, myoglobinuria).

Action: Initiate Status Dystonicus clinical orders

Grade 5: Severe generalized dystonia as per grade 4 with full metabolic decompensation, or respiratory, or cardiovascular compromise.

Action: Initiate Status Dystonicus PPO. Consult PICU.