

## TIME ADJUSTMENT CHART (Daily, BID, TID, QID) for all NSH sites and IWK

1. Use the first column on the left as your starting point and find the time of the First/Stat/Now dose (round up or down to the nearest hour).
2. To determine subsequent administration times, start at the First/Stat/Now dose time. Read across that row from right to left to the appropriate interval column (BID, etc.). The times in these columns will be the adjusted administration times for the 2<sup>nd</sup>, 3<sup>rd</sup> and 4<sup>th</sup> doses, respectively (until the Standard Medication Administration Time is achieved).

<p><b>Standard Frequency Times:</b></p> <p>daily: 0800</p> <p>BID: 0800, 2000</p> <p>TID: 0800, 1400, 2000</p> <p>QID: 0800, 1200, 1600, 2000</p>	<p><b>Exceptions:</b></p> <p>-Self-administration of chronic medications</p> <p>-Time Critical home medications (i.e. Anticonvulsants, Antiretrovirals, Immunosuppressants, Anti-Parkinson's agents)</p>
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Time of First/Stat/Now Dose (to nearest hour)	Time to give 2 <sup>nd</sup> Dose				Time to give 3 <sup>rd</sup> Dose				Time to give 4 <sup>th</sup> Dose			
	Daily	BID	TID	QID	Daily	BID	TID	QID	Daily	BID	TID	QID
0100	1800	1100	1000	0800	1200	2100	1400	1200	0800	0800	2000	1600
0200	1800	1200	0800	0800	1200	2200	1400	1200	0800	0800	2000	1600
0300	0600 (next day)	1200	0900	0800	0800 (next day)	2200	1500	1200	0800	0800	2000	1600
0400	0600 (next day)	1300	1000	0800	0800 (next day)	2200	1500	1600	0800	0800	2000	2000
0500	0600 (next day)	1800	1100	1200	0800 (next day)	0700	2000	1600	0800	2000	0800	2000
0600	0800 (next day)	1900	1200	1200	0800	0800	2000	1600	0800	2000	0800	2000
0700	0800 (next day)	2000	1300	1200	0800	0800	2000	1600	0800	2000	0800	2000
0800	0800	2000	1400	1200	0800	0800	2000	1600	0800	2000	0800	2000
0900	0800	2000	1500	1600	0800	0800	2100	2000	0800	2000	0800	0800
1000	0800	2100	1600	1600	0800	0800	2200	2000	0800	2000	0800	0800
1100	0800	2200	1700	1600	0800	0900	2300	2000	0800	2000	0800	0800
1200	0800	2200	1800	1600	0800	0900	2400	2000	0800	2000	0800	0800
1300	1000	2300	2000	2000	0800	0900	0800	0800	0800	2000	1400	0800
1400	1000	2400	2000	2000	0800	1000	0800	0800	0800	2000	1400	1200
1500	1200	2400	2100	2000	0800	1000	0800	0800	0800	2000	1400	1200
1600	1200	0100	2200	2000	1000	1000	0800	0800	0800	2000	1400	1200
1700	1200	0600	2300	2200	1000	1900	0800	0800	0800	0800	1400	1200
1800	1400	0700	2400	2300	1200	2000	0800	0800	0800	0800	1400	1600
1900	1600	0800	0700	2400	1200	2000	1400	0800	0800	0800	2000	1600
2000	1600	0800	0800	0800	1200	2000	1400	1200	0800	0800	2000	1600
2100	1600	0800	0800	0800	1200	2000	1400	1200	0800	0800	2000	1600
2200	1800	0900	0800	0800	1200	2000	1400	1200	0800	0800	2000	1600
2300	1800	1000	0800	0800	1200	2100	1400	1200	0800	0800	2000	1600
2400	1800	1000	0800	0800	1200	2100	1400	1200	0800	0800	2000	1600