

Important: Use Table 1 to convert the concentration of the solution to the same unit of measure as used in the ordered dose rate (i.e. microgram, mg, etc.) **before** using the formulas.

Table 1. Unit Conversions

microgram/mL → mg/mL	Divide by 1000
NANOgram/mL → microgram/mL	Divide by 1000
milliunit/mL → unit/mL	Divide by 1000
per L → per mL	Divide by 1000
mg/mL → g/mL	Divide by 1000
% (or g%) → g/mL	Divide by 100
mEq% → mEq/mL	Divide by 100
mg/mL → microgram/mL	Multiply by 1000
microgram/mL → NANOgram/mL	Multiply by 1000
unit/mL → milliunit/mL	Multiply by 1000
per mL → per L	Multiply by 1000
g/mL → mg/mL	Multiply by 1000

Calculate the hourly rate (mL/h)

$$\text{Rate (mL/h)} = \frac{\text{ordered dose rate} \times \text{weight (kg)}}{\text{concentration of solution}} \times \text{*time conversion}$$

***time conversion** is only necessary if:

- ordered dose is per minute rather than per hour...convert minutes to hours by **multiplying** by **60**.
- ordered dose is per day rather than per hour...convert days to hours by **dividing** by **24**

Calculate the bolus dose rate or loading dose rate (mL/h)

$$\text{Rate (mL/h)} = \frac{\text{ordered dose} \times \text{weight (kg)}}{\text{concentration of solution}} \div \text{admin time (min)} \times 60 \text{ min/h}$$

Calculate the dose rate when provided with the rate (mL/h)

$$\text{Dose rate} = \frac{\text{rate (mL/h)} \times \text{concentration of solution}}{\text{weight (kg)}} \div \text{*time conversion}$$

***time conversion** is only necessary if you want to find the ordered dose per minute rather than per hour. Convert hours to minutes by dividing by **60**.

EXAMPLES WHERE ORDERED DOSE RATE IS *PER HOUR*:

Example 1: Concentration units are the same as order dose units

morphine (1 mg/mL) 0.01 mg/kg/hour for a 10 kg patient

$$\frac{0.01 \text{ mg/kg/h} \times 10 \text{ kg}}{1 \text{ mg/mL}} = 0.1 \text{ mL/h}$$

Example 2: Concentration units are different than order dose units

HYDROmorphine (0.2 mg/mL) 2 microgram/kg/hour for a 10 kg patient

Convert 0.2 mg/mL to microgram/mL:

$$0.2 \text{ mg/mL} \times 1000 \text{ microgram/mg} = 200 \text{ microgram/mL}$$

then

$$\frac{2 \text{ microgram/kg/h} \times 10 \text{ kg}}{200 \text{ microgram/mL}} = 0.1 \text{ mL/h}$$

Example 3: Concentration is expressed as %

fat emulsion 20% (SMOFlipid®) 0.125 g/kg/h (3 g/kg/day delivered over 24 hours) for a 10 kg patient

Convert 20% to g/mL:

$$20 \text{ g/100 mL} \div 100 \text{ mL} = 0.2 \text{ g/mL}$$

$$\frac{0.125 \text{ g/kg/h} \times 10 \text{ kg}}{0.2 \text{ g/mL}} = 6.25 \text{ mL/h}$$

EXAMPLES WHERE ORDERED DOSE RATE IS *PER MINUTE*:

Example 4: Concentration units are the same as order dose units

alprostadil (6 microgram/mL) 0.1 microgram/kg/min for 2 kg patient

$$\frac{0.1 \text{ microgram/kg/min} \times 2 \text{ kg}}{6 \text{ microgram/mL}} \times 60 \text{ min/h} = 2 \text{ mL/h}$$

Example 5: Concentration units are different than order dose units

DOPamine (3.2 mg/mL) 5 micrograms/kg/min for 10 kg patient

Convert 3.2 mg/mL to microgram/mL:

$$3.2 \text{ mg/mL} \times 1000 \text{ microgram/mg} = 3200 \text{ microgram/mL}$$

then

$$\frac{5 \text{ microgram/kg/min} \times 10 \text{ kg}}{3200 \text{ microgram/mL}} \times 60 \text{ min/h} = 0.94 \text{ mL/h}$$

EXAMPLES WHERE ORDERED DOSE RATE IS *PER DAY*:

Example 6 : Concentration units are the same as order dose units

arginine (100 mg/mL) 600 mg/kg/day for a 10 kg patient

$$\frac{600 \text{ mg/kg/day} \times 10 \text{ kg}}{100 \text{ mg/mL}} \div 24 \text{ h/day} = 2.5 \text{ mL/h}$$

EXAMPLES OF BOLUS DOSE OR LOADING DOSE RATE

Example 7: Concentration units are the same as order dose units

heparin (50 units/mL) 75 mg/kg for a 10 kg patient over 10 minutes

$$\frac{75 \text{ units/kg} \times 10 \text{ kg}}{50 \text{ units/mL}} \div 10 \text{ min} \times 60 \text{ min/h} = 90 \text{ mL/h}$$

Example 8: Concentration units are different than order dose units

HYDROmorphone (0.2 mg/mL) 2 microgram/kg for a 10 kg patient over 5 minutes

Convert 0.2 mg/mL to microgram/mL:

$$0.2 \text{ mg/mL} \times 1000 \text{ microgram/mg} = 200 \text{ microgram/mL}$$

then

$$\frac{2 \text{ microgram/kg} \times 10 \text{ kg}}{200 \text{ microgram/mL}} \div 5 \text{ min} \times 60 \text{ min/h} = 1.2 \text{ mL/h}$$

EXAMPLES USING RATE (mL/h) TO CALCULATE THE DOSE RATE

Example 9: IV fluid with potassium chloride 40 mmol/L for a 10 kg patient but heart rate must be monitored for dose rates greater than 0.2 mmol/kg/hour. What is the maximum rate (mL/h) that can be administered without a monitor?

Convert mmol/L to mmol/mL:

$$40 \text{ mmol/L} \div 1000 \text{ mL/L} = 0.04 \text{ mmol/mL}$$

then

$$\frac{0.2 \text{ mmol/kg/h} \times 10 \text{ kg}}{0.04 \text{ mmol/mL}} = 50 \text{ mL/h}$$

IV fluid with potassium chloride 40 mmol/L is ordered at a rate of 60 mL/h for a 10 kg patient. Determine the dose rate in mmol/kg/h.

Using the dose rate formula (not the hourly rate formula):

$$\frac{60 \text{ mL/h} \times 0.04 \text{ mmol/mL}}{10 \text{ kg}} = 0.24 \text{ mmol/kg/h}$$